

## DIRECTIVES

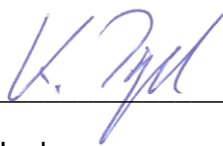
Dear friends,

The Swabian Gymnastics Federation has the pleasure to invite your Federation/Club to participate in the Online International RG Competition.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>Schwaebischer Turnerbund e.V.</b> Fritz-Walter-Weg 19 <b>D-70372 Stuttgart</b>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>TSV Schmiden</b> Kathrin Igel Remstalstraße 36 D-70736 Fellbach +49 711 51 80 894 +49 157 806 38 450 <a href="mailto:info@rsg-fellbach.de">info@rsg-fellbach.de</a>
<b>MAIN LOCATION</b>	<b>Fellbach-Schmiden, Baden-Wuerttemberg, Germany</b>
<b>DATE</b>	<b>March 20-21, 2021</b>
<b>VENUE</b>	National Training Center RG Remstalstraße 36 D-70736 Fellbach +49 711 51 80 894 <a href="mailto:info@rsg-fellbach.de">info@rsg-fellbach.de</a>
<b>RULES AND REGULATIONS</b>	The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Technical Regulations</li> <li>• Code of Points and relevant Newsletters</li> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules</li> <li>• Apparatus Norms</li> <li>• Advertising and Publicity Rules</li> <li>• UEG Technical Regulations for Juniors <i>and subsequent decisions of the FIG Executive Committee</i></li> </ul>
<b>PARTICIPANTS</b>	<ul style="list-style-type: none"> <li>• 1-2 Gymnasts Senior Individuals (year of birth 2005 and earlier)</li> <li>• 1-2 Gymnast Junior Individuals (year of birth 2006, 2007, 2008)</li> <li>• 1 Senior Group (year of birth 2005 and earlier)</li> <li>• 1 Junior Group (year of birth 2006, 2007, 2008)</li> <li>• 1-2 Judges (FIG judge with current valid brevet or highest national category)</li> </ul> <p>The host club reserves the right to register more participants.</p>

<b>AGE LIMITS</b>	<b>Junior: 13-15 (born 2006, 2007, 2008)</b> <b>Senior: 16 (born 2005 and earlier)</b>		
<b>REGISTRATION DEADLINES</b>	Definitive registration:	09.03.2021	Per Email
	Nominative registration:	14.03.2021	Per Email
<b>ENTRY FEES</b>	The entry fee for this event will be 50 €/each participating gymnast & 100 € for each group, payable by 14.03.2021.		
<b>COMPETITION FORMAT</b>	<p>A: <b>AA Senior Group:</b> (5x balls, 3 hoops &amp; 2 pairs of clubs)</p> <p>B: <b>AA Senior gymnasts Individual:</b> (hoop, ball, clubs, ribbon)</p> <p>C: <b>AA Junior Group:</b> (5x balls, 5 ribbons)</p> <p>D: <b>AA Junior gymnasts Individual:</b> (hoop, ball, clubs, ribbon)</p> <p>There will be a ranking for Finals, based on the results of the AA.</p>		
<b>PROVISIONAL SCHEDULE</b> (ALL TIMES ARE CET)	19.03.2021	20:00 h Judges instructions (online)	
	20.03.2021	10:00 h Competition all-around Juniors Ind.	
	21.03.2021	10:00 h Competition all-around Seniors Ind. and Groups and Junior groups	
<b>EVENT MANAGER</b>	Diana Raupp Remstalstraße 36 D-70736 Fellbach +49 711 51 80 894 +49 174 4384 988 <a href="mailto:info@rsg-fellbach.de">info@rsg-fellbach.de</a>		
<b>JUDGES AND JURIES</b>	FIG judges with current valid FIG brevet or highest national brevet.  The Host Federation will apply a fine of 100€ per missing judge should a federation/club fail to bring the required number of judges or judges without the requested qualification.		
<b>AWARDING AND PRIZE MONEY</b>	All participating Gymnasts/Groups are awarded with diplomas which will be send via E-Mail after the competition.  Gymnasts/Groups place 1-3 in the AA will receive a price money. Therefore, please send us your preferred bank details, where we should transfer the prize money.		
<b>BANK ACCOUNT INFORMATION</b>	TSV Schmiden RSG Volksbank Stuttgart eG IBAN: DE64 6009 0100 1303 1010 09 BIC: VOBADESS  Each participating member Federation is kindly requested to integrate the payment's purpose as follows: Gymnastik International, Entry fee + Name of Delegation.  The participating federation is responsible for covering all bank fees in connection with the bank transfers.		
<b>DEADLINES SUMMARY</b>	Definitive Registration	<b>09.03.2021</b>	
	Nominative Registration	<b>14.03.2021</b>	
	Payment of the Entry Fee	<b>14.03.2021</b>	
	Payment of the fine for missing judge	<b>14.03.2021</b>	
	Sending music (MP3)	<b>14.03.2021</b>	
<b>ADDITIONAL INFORMATION</b>	Please send the music files (MP3) as named below to the following address: <a href="mailto:info@rsg-fellbach.de">info@rsg-fellbach.de</a> Year of birth_second name_ first name_ apparatus_country (2007_Mustermann_Marie_Ball_GER)		

Sincerely Yours,  
Fellbach-Schmid, 23.02.2021



---

Kathrin Igel



## **Technische Voraussetzungen für die Teilnahme am Gymnastik International 2021**

*Technical requirements for participating in the competition*

- 1. Benötigte Hardware**
- 2. Mindestanforderung für die Internetverbindung**
- 3. Kameraposition**

### **Zu 1. Welche Hardware wird für die Teilnahme am Wettkampf benötigt?**

#### **1. *What hardware is required to participate in the competition ?***

Sie benötigen einen PC oder Laptop mit Verbindung zum Internet.  
Damit die Wettkampffläche und die Übung gut sichtbar ist, empfiehlt sich eine externe Kamera (Webcam z.B. über USB angeschlossen) in Full HD Auflösung.

Um die Musik der Übung für die Teilnehmer gut hörbar zu machen, benutzen Sie bitte einen externen Lautsprecher, welchen Sie über die Audioausgabe des PC's / Laptops anschließen.  
Die Musik der Teilnehmer wird ihnen vom Ausrichter über den Videostream gesendet.

*You need a PC or laptop with a connection to the Internet.*

*So that the competition area and the exercise are clearly visible, an external camera (e.g. webcam connected via USB) in full HD resolution is recommended.*

*In order to make the music of the exercise clearly audible for the participants, please use an external loudspeaker, which you connect via the audio output of the PC / laptop.*

*The music of the participants is sent to you by the organizer via the video stream.*

### **Zu 2. Mindestanforderung für die Internetverbindung**

#### **2. *Minimum requirement for internet connection***

Um eine stabile Internetverbindung sicher zu stellen, sollte ihre Verbindung mindestens über eine Übertragungsbandbreite von 8 Mbit verfügen.

Die Upload /Download Erfordernisse liegen bei 1,8 MBits für 1080p HD Videos.

Sie können die Bandbreite und die Upload / Download Geschwindigkeit ihrer Internetverbindung an Ihrem Wettkampfort über diverse kostenfreie Tests im Internet vorab prüfen (z.B. <https://www.speedtest.net> )

*In order to ensure a stable connection, your internet connection should have at least a transmission bandwidth of 8 Mbit.*

*The upload / download requirements are 1.8 MBits for 1080p HD videos.*

*You can check the bandwidth and the upload / download speed of your internet connection at your competition site in advance using various free tests on the internet (e.g. <https://www.speedtest.net> )*

### **Zu 3. Kameraposition**

#### **3. *Position of the camera***

Die Kamera sollte so positioniert und eingestellt sein, dass die komplette Fläche mit der entsprechenden Linierung zu sehen ist und dem Kampfgericht eine einheitliche Bewertung ermöglicht wird. Aus diesem Grund bleibt die Kamera während der Übung in derselben Einstellung.

*The camera should be positioned and adjusted in such a way that the entire competition area can be seen with the corresponding lines and that the judges can make a uniform assessment. For this reason, the camera remains in the same setting during the exercise.*